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| Start Date | **Location Details** | | **Morning/**  **Afternoon/ Evening** | | | **In person/**  **Online**  **Delivery** | |
| 9th September | **Eist Carlow Cancer Support Centre**  46 Idrone Park  Carlow, R93 R280  **To register:**  Valeria McDonagh 059 9139684  [annemarie@eistcarlowcancersupport.ie](mailto:annemarie@eistcarlowcancersupport.ie) | | | Morning | | In person | |
| 15th September | **Cancer Support Sanctuary LARCC & Dóchas Offaly Cancer Support Group Collaboration**  **Venue -** Cancer Support Sanctuary LARCC Multyfarnham, County Westmeath  **To register:**  LARCC (044) 9371971 [info@cancersupport.ie](mailto:info@cancersupport.ie)  Dóchas (057) 932 8268 [info@dochasoffaly.ie](mailto:info@dochasoffaly.ie) | | | Afternoon | | In person | |
| 16th September | **Recovery Haven Kerry (Cancer Support House)**  South Kerry Physio Centre, Cahersiveen, Co. Kerry  **To register:**  Siobhan MacSweeney, 0867038126  [siobhan@recoveryhavenkerry.com](mailto:siobhan@recoveryhavenkerry.com) | | | Morning | | In person | |
| 18th September | **Recovery Haven Kerry (Cancer Support House)**  5, Haig's Terrace, Tralee, Co. Kerry.  CHY 18974  **To register:**  Siobhan MacSweeney, 0867038126  [siobhan@recoveryhavenkerry.com](mailto:siobhan@recoveryhavenkerry.com) | | | Morning | | In person | |
| 19th September | **Hope Cancer Support Centre**  22 Weafer St, Enniscorthy  Co. Wexford, Y21 A592  **To register:**  Mary O'Neill 053 9238555  [info@hopesupportcentre.ie](mailto:info@hopesupportcentre.ie) | | | Morning | | In person | |
| 17th September | **Gort Cancer Support Centre &**  **Marie Keating Foundation Collaboration**  **Venue** –Hollyblue House, Gort Cancer Support Group CLG, Garrabeg, Gort, Co. Galway, H91 WFP8  **To register:**  <https://mariekeating.ie/events/survive-and-thrive-programme-september-2025/> | | | Morning | | In person | |
| 2nd October | **ARC Cancer Support Centre**  65 Eccles Street  Dublin  **To register:**  Amada Clooney 01 2150250  [**amanda@arccancersupport.ie**](mailto:amanda@arccancersupport.ie) | | | Evening | | In person | |
| October  Date TBC | **Cork ARC Cancer Support House**  Sarsfield Rd, Wilton  Cork, T12 EW9A  **For more information or to register:**  Olivia Grace 021 4276688  [olivia@corkcancersupport.ie](mailto:olivia@corkcancersupport.ie) | | |  | |  | |
| 7th October | **Marie Keating Foundation**  **To register:**  <https://mariekeating.ie/events/survive-and-thrive-online-programme-october-2025-2/> | | | Evening | | online | |
| 7th October | **Purple House Cancer Support Centre**  2 Duncairn Tce.  Quinsborough Road,  Bray, Co. Wicklow, A98 W6Y8  **To register:**  Conor O'Leary, 01 2866966  [conor.oleary@purplehouse.ie](mailto:conor.oleary@purplehouse.ie) | | | Afternoon | | In person | |
| 17th October | **Hope Cancer Support Centre**  22 Weafer St, Enniscorthy  Co. Wexford, Y21 A592  **To register:**  Mary O'Neill 053 9238555  [info@hopesupportcentre.ie](mailto:info@hopesupportcentre.ie) | | | Morning | | In person | |
| 23 October | **Gary Kelly Cancer Support Centre**  George’s Street, Drogheda  Co Louth, A92 XV07  **To register:**  Susanne Odberger-Kelly 041 980 5100  [admin@gkcancersupport.com](mailto:admin@gkcancersupport.com) | | | 10.30 - 13.00 | | In person | |
| 24th October | **ARC Cancer Support Centre**  557/559 Soth Circular Road  Dublin  **To register:**  Amada Clooney 01 2150250  [**amanda@arccancersupport.ie**](mailto:amanda@arccancersupport.ie) | | | Morning | | In person | |
| 3rd November | **Solas Cancer Support Centre**  Williamstown Way  Farranshoneen, Waterford  **To register:**  Tracy McDaid 051 304604  [manager@solascentre.ie](mailto:manager@solascentre.ie) | | | Morning | | In person | |
| 4th November | **Cuisle Cancer Support**  Block Road, Portlaoise  Co Laoise, R32 Y8P2  **To register:**  Mary Ruddy, 057 8681492  [Mary@cuislecancersupport.ie](mailto:Mary@cuislecancersupport.ie) | | | Morning | | In person | |
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